1. I am really proud of what I did. I persevered and I'm proud of myself.
2. What helped me the most to prepare was reading over everything and arriving early.
3. What helped me the most to get ready was to write sayings on my notes like, "You can do it!"
4. The questions helped me explain my work and were fun to answer.
<ol> <li>One suggestion I have is be sure to use notecards because I was able to read over my presentation with my mom so it would flow smoothly.</li> </ol>
6. I felt strongly about what I presented. I thought I spoke about the work that showed how much I had improved.
7. Another suggestion is make lots of eye contact!
8. I practiced the presentation in my head because if I see myself doing something in my mind, I am more likely to do it in real life.
9. What helped me the most to prepare was my determination to do well on this.
10. The most helpful part of me preparing would be practicing for my presentation. When I was going to present, I felt confident of what I was going to say and not ashamed.

11. When preparing, it was really great to get to write about my mom and what I think defines me. When presenting, I loved talking about my character growth and my life outside of school.
12. Another suggestion I have is actually spending time writing the essays on your own.
13. I feel good about my work. My binder was very presentable.
14. This builds your confidence and improves your speaking skills.
15. My Crew teacher really helped to motivate me.
16. It was cool reflecting on my character development.
17. I realized that some school projects are pretty interesting to talk about.
18. The most positive part was being able to share my history with several people.
19. I really got the opportunity to think about what I had accomplished at HS2.
20. It's never too early to start preparing and to practice in front of a mirror.

21. I learned how I was organized in class and I learned to be a better speaker.
22. The outline sheets from my Crew leader helped a ton.
23. I had the courage to prepare for this and look through and edit my work at its finest.
24. What helped me the most was presenting with other people and Crews. Doing separate reflections for each class helped me to know what was expected of me.
25. I suggest have the Crew teachers give speaking lessons on how to communicate more effectively.
26. I felt like my audience knew I was nervous and helped me calm down. They were very attentive.
27. This is a good experience that helps you prepare for real world.